I'm sick or hurt and my doctor's office is closed
What should I do?

Inova™

Inova.org

"I need medical care and feel safe to wait a day"

Schedule an appointment with your PROVIDER

Cost: $-$$

Acute examples:

- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash

Inova Primary Care: You can call the doctor on call for advice, or you can schedule an in-person or virtual visit with your doctor the following business day.

Visit Inova's MyChart patient portal or go to **Inova.org/PrimaryCare** to schedule an appointment

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"I need medical care today and feel safe to wait a few hours"

Go to Inova-GoHealth URGENT CARE

Cost: $$-$$$

Urgent care examples:

- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash
- Minor injuries
- Not able to get in touch with doctor for advice

Inova-GoHealth Urgent Care:
Open Monday–Friday; 8 a.m. – 8 p.m.
Saturday and Sunday; 9 a.m. – 5 p.m.
Visit **Inova.org/UCC** to find an urgent care clinic near you.

In-home care through DispatchHealth (an Inova partner):
Open 7 days a week; 8 a.m. – 10 p.m.
Call **571.393.1944** or visit **Inova.org/DispatchHealth.**

"I need medical care now and do not feel safe to wait"

Go to EMERGENCY ROOM or call 911

Cost: $$$-$$$$

Emergency examples:

- Chest pain
- Trouble breathing
- Sudden weakness of body parts
- Uncontrolled bleeding
- Fainting
- Severe pain
- Serious injury

Visit **Inova.org/ER** for a list of Inova ERs.