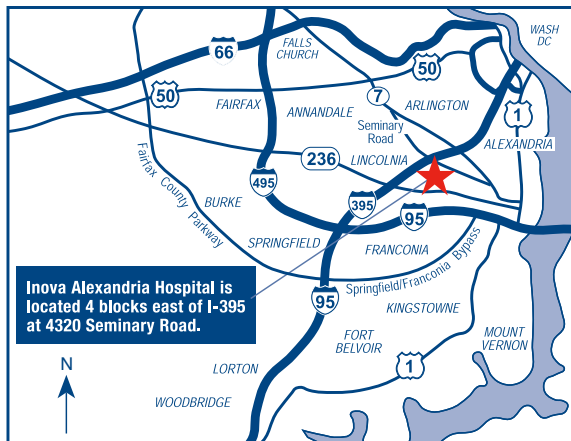


LSVT LOUD

A speech therapy program designed specifically for Parkinson's Disease

Inova Alexandria Hospital  
Physical Medicine and Rehabilitation Center  
4320 Seminary Road  
Alexandria, VA 22304  
[inova.org/jahrehab](http://inova.org/jahrehab)

Call 703.504.3535 to schedule an appointment and to learn more!



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Interpreter Services are available at no cost to you. Please let our staff know of your needs for effective communication.

Atención: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Por favor informe a nuestro personal sobre sus necesidades para lograr una comunicación efectiva.

알려드립니다: 귀하가 한국어를 구사한다면 무료 언어 도움 서비스가 가능합니다. 효과적인 의사소통을 위해 필요한 것이 있다면 저희 실무자에게 알려주시기 바랍니다.

注意: 如果你說中文, 可以向你提供免費語言協助服務。請讓我們的員工了解你的需求以進行有效溝通。

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Inova Alexandria Hospital



# Empowering people with Parkinson's to keep communicating.

## About LSVT LOUD

LSVT LOUD is a treatment designed for Parkinson's disease and similar neurological conditions. It coaches patients to communicate in a healthy, **loud** voice. LSVT LOUD targets common speech problems such as volume and clarity.

## Program Features

- One-on-one sessions
- Individually tailored
- 16 total sessions (4 sessions a week)
- Re-train daily functional activities
- Daily homework assignments

## Targeted Results

Improvements in common speech problems such as:

- Soft voice
- Mumbled speech
- Monotone voice
- Hoarse voice



## Our Therapists

Our therapists have been trained in LSVT LOUD and have considerable experience in treating Parkinson's disease.

## When Do I Begin?

Research suggests the earlier the better! You **do not** need to wait to experience disability to begin treatment. LSVT LOUD works to **maintain** current communication so you can participate in daily activities.

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